

LE SPA

FACIAL TREATMENTS

Original Beauty | Php4,500

Treatment Duration: 90 minutes

A soothing treatment that combats wrinkles and reduces pigmentation, it is enriched by the use of bamboo powder, collagen masks and traditional tools Ridoki and Nouat-Naa.

Rejuvenating Ceremony | Php3,800

Treatment Duration: 90 minutes

A relaxing treatment that uses traditional Ridoki rollers from Japan and Nouat-Naa from Thailand, the therapeutic approach combines deep relaxation with skin purification for healthy, younger-looking skin.

Hydration Facial | Php3,000

Treatment Duration: 60 minutes

A delicate treatment that nourishes tired and dry complexion, the hydration facial uses a series of Ridoki massage tools, cleansing, exfoliation and a facial mask enhanced by shiatsu movements for the ultimate relaxing escape.

Purity Radiance | Php3,000

Treatment Duration: 60 minutes

A rejuvenating facial treatment with deep cleansing, exfoliating and a detoxifying mask enriched by Complexe des 4 Thés (4 Teas Elixir) and Lupin flower extract.

Instant Glow | Php2,000

Treatment Duration: 30 minutes

A treatment for ladies and gentlemen on the go, this quick pick-me-up uses green tea to decongest the skin for a healthy and natural glow.

MASSAGE TREATMENTS

Sports Recovery | Php4,000/Php4,500

Treatment Duration: 60 minutes/90 minutes

A treatment that presents a deep, more intense massage to prepare muscles for strenuous physical activities, reduce risk of injuries and enable quick recovery from exertion in sports engagements.

Filipino Pride Hilot Secret | Php3,000/Php4,000

Treatment Duration: 60 minutes / 90 minutes

A treatment anchored on the traditional art of Filipino healing and balancing energy, it uses warm strips of aromatic banana leaves laced with virgin coconut oil to help you feel relax and recharged.



Jet Lag Energizer | Php4,000

Treatment Duration: 90 minutes

A massage that feature a revitalizing blend lymphatic drainage plus detoxifying and toning movements. The treatment addresses possible fluid retention in the stomach and legs and enhances cell metabolism.

Hot Stone Rolling | Php4,000

Treatment Duration: 90 minutes

Ease muscle tension and restore holistic balance with a featured treatment that utilizes smooth volcanic stones to ease deep muscle tension and help you relax, recharge and rejuvenate.

Aruga | Php3,000/Php4,000

Treatment Duration: 60 minutes/90 minutes

A soothing massage inspired by the Filipino concept of *aruga* meaning to care for, it uses calming techniques of careful attention and pressure catered to your preference for total wellness that conditions the mind, body and spirit.

Cocoon | Php3,500

Treatment Duration: 60 minutes

A treatment tailored for pregnant women, it is a gentle approach that envelopes, tones and relieves expecting mommies of discomfort and fatigue felt on the legs and back.

Marrakech Sweetness | Php3,000/Php4,000

Treatment Duration: 60 minutes / 90 minutes

Experience the fragrant gardens of Marrakech in a treatment of soothing exfoliation enhanced by mint, green tea scents and essential oils of peppermint infused in this gentle massage.

Angel Bliss | Php1,500

Treatment Duration: 60 minutes

Children aged 4 to 12 years old may enjoy a gentle massage from their scalp down to their feet done with soothing essential oils to help enhance the immune system, quality of sleep and soothe the nervous system.

BODY TREATMENTS

Silhouette Body Wrap | Php3,800
Treatment Duration: 90 minutes

A treatment that breaks down fat deposit, reduces water retention and enhances circulation, choose a body wrap based on the desired outcome: firming, toning or contouring.

Mango Delight Body Scrub | Php2,500
Treatment Duration: 60 minutes

Moisturizes and gently exfoliates sensitive skin using the Philippines' favorite tropical fruit, mango. Restore skin's natural moisture for a smooth and vibrant glow.

Marine Purity Body Scrub | Php2,500
Treatment Duration: 60 minutes

A treatment ideal for sensitive or oily skin, it uses rich minerals to replenish and rid skin of impurities leaving you with a soft and vibrant glow.

Sweet & Salty Body Scrub | Php2,500
Treatment Duration: 60 minutes

A treatment for oily complexion, it exfoliates using a mix of salt crystals, sugars and soothing marine oil.

Aloe Vera Body Wrap | Php2,000
Treatment Duration: 45 minutes

A natural, soothing treatment, the aloe vera body wrap eases sun burns and dry skin, moisturizes your complexion and promotes new cell growth.

Marine Body Wrap | Php1,800
Treatment Duration: 30 minutes

Tones, relaxes and purifies skin, the treatment uses marine mud mixture enabling you to relax, recharge and enhance your body's vitality.

SPECIALS

Jardin D'Eden | Php15,000
Treatment Duration: 90 minutes

Indulge in luxurious pampering in a treat for 2 featuring a 90-minute Aruga massage and an overnight stay at Sofitel with breakfast for 2 in the most interactive dining destination, Spiral.

Couple's Romantic Retreat | Php10,000
Treatment Duration: 180 minutes

Indulge with your special someone and enjoy a 30-minute bubble bath, 30-minute Mango Delight Scrub and a 90-minute Marrakech or Aruga massage all enjoyed with sparkling wine and pralines.

SPECIALS

Before the Special Day | Php6,000
Treatment Duration: 180 minutes

Before the momentous walk down the aisle, luxuriate in Le Spa's finest offerings featuring a 60-minute Purity Radiance Facial, a 60-minute Mango Delight Body Scrub and a 60-minute Aruga Massage.

Top to Toe Pampering | Php6,000
Treatment Duration: 180 minutes

Pamper yourself in a series of treatments starting with a detoxifying steam, a 60-minute Hydration Facial, 60-minute Hot Stone Rolling and a 60-minute Manicure and Pedicure treatment at Nail Artisan.

OTHER TREATMENTS

Smooth as Silk

Treatment Duration: 30 to 90 minutes

Enjoy smooth and flawless skin with a meticulous waxing treatment on your skin area of choice.

Bikini Line	Php1,500
Brazilian	Php2,000
Full Leg	Php2,000
Half Leg	Php1,500
Underarm	Php1,000

All rates are in Philippine Peso (PHP) and are inclusive of applicable government taxes and service charge.



SOFITEL PHILIPPINE PLAZA MANILA
CCP Complex, Roxas Blvd., Pasay City, Metro Manila 1300 Philippines
Telephone +63 2 551 5555 extension 1587 / 1588
www.sofitelmanila.com